

AVONDALE ESTATES 32ND ANNUAL LABOR DAY RACE MONDAY, SEPTEMBER 6, 2010

This event was created to benefit The Amyotrophic Lateral Sclerosis Association (Lou Gehrig's Disease). You may make your donation directly to the ALS Association, 27001 Agoura Road, Suite 250, Calabassas, CA 91301-5104.



PLACE: Willis Park at the corner of Dartmouth Avenue and Clarendon Place.
The races start and end at Willis Park (adjacent to the pool) on Dartmouth Avenue.
Go to www.avondaleestates.org/laborday.html to view the race course map

TIME:

On-Site Registration	7:30 a.m.
1-Mile Race	8:30 a.m.
5K Main Race	9:00 a.m.

AWARDS: Medals will be given to the top age-group finishers (6 and under, 7-10, 11-14) for the Novice 1-Mile Race. Top age-group finishers (10 and under, 10-14, 15-19, 20-29, 30-39, 40-49, 50-59, 60-69, 70+) in the 5K Main Race. Overall winners will receive a trophy.
T-shirts will be given to all finishers in each race.

REGISTRATION:

<u>Entry Fees:</u>	<u>Postmark/received by 8/27</u>	<u>After 8/27 or On-Site</u>
1-Mile Race Novice Race	\$10.00	\$12.00
5K Main Race	\$20.00	\$25.00



To enter, complete the form below and return it with your entry fee to City Hall, 21 North Avondale Plaza, Avondale Estates, GA 30002. Additional entry forms are available at City Hall and on-line (www.avondaleestates.org/laborday.html). Please make your check payable to: "Avondale Estates Labor Day Race."

RACE INFO: Karen Holmes 404.294.5400 kholmes@avondaleestates.org

NO BICYCLES, ROLLERBLADES OR DOGS ALLOWED AT THIS EVENT

ENTRY FORM

ONE NAME PER FORM

PLEASE PRINT CLEARLY

T-SHIRT SIZE: ADULT () S () M () L () XL Check one: () 1-Mile Race () 5K Main Race
CHILD () S () M () L

NAME _____

AGE _____ () Male () Female

ADDRESS _____

CITY/STATE/ZIP _____

PHONE _____

In consideration of the foregoing, I for myself, my heirs, executors, administrators, representatives, successors and assigns waive and release any and all rights and claims of action I may have against the City Of Avondale Estates 32nd Annual Labor Day Race, the sponsors, their affiliates, agents, employees, directors, successors and assigns. I attest and verify that I am physically fit and have sufficiently trained for this event. Further, I hereby grant full permission to any and all the foregoing to use any photographs or any other record of this event for any legitimate purposes including commercial advertising.

Participant's signature/Parent's signature if under the age of 18

Date